

Musical Stars.

Play this game like Musical Chairs. Cut the stars out, laminate them and place them on the floor in a circle. Play music and encourage the children to step from star to star. When the music stops, they do whatever the star they are standing on says.



**Do Five
Jumping
Jacks**



**Do Five
Jumping
Jacks**



**Stand On
One Foot**



**Stand On
One Foot**

A large, solid orange five-pointed star with rounded corners, centered on a white background. Inside the star, the text "Jump Up and Down 10 Times" is written in a bold, black, sans-serif font, arranged in three lines.

**Jump Up
and Down 10
Times**



**Jump Up
and Down 10
Times**



**Touch Your
Toes 10
Times**

A large, solid orange five-pointed star with rounded corners, centered on a white background. Inside the star, the text "Touch Your Toes 10 Times" is written in a bold, black, sans-serif font, arranged in three lines.

**Touch Your
Toes 10
Times**



**Hop On
One Foot 5
Times**



**Hop On
One Foot 5
Times**



**Crab Walk
Across The
Room**

A large, solid red five-pointed star with rounded corners, centered on a white background. The text is centered within the star.

**Crab Walk
Across The
Room**



Do 5 Push Ups



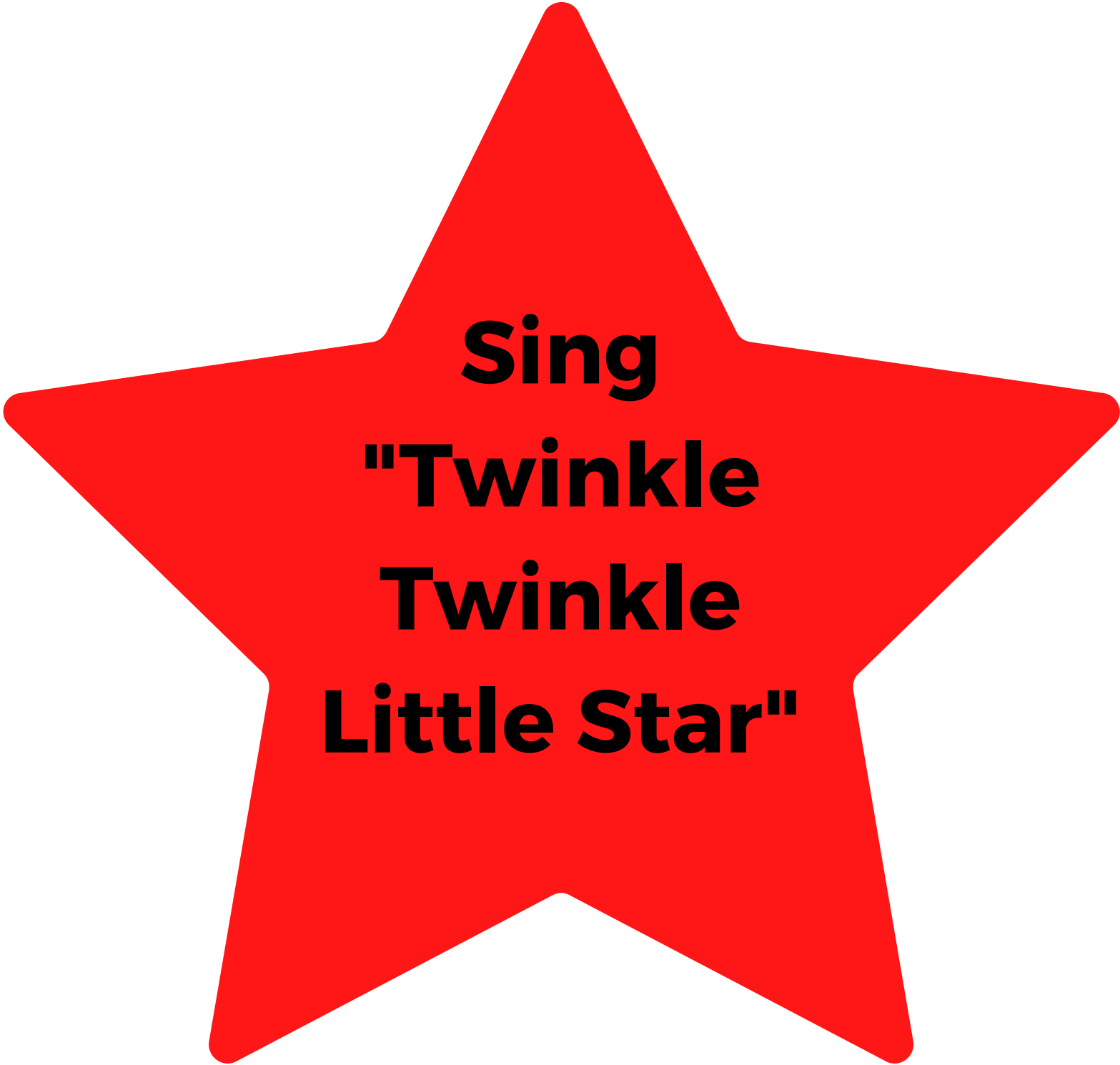
Do 5 Push Ups



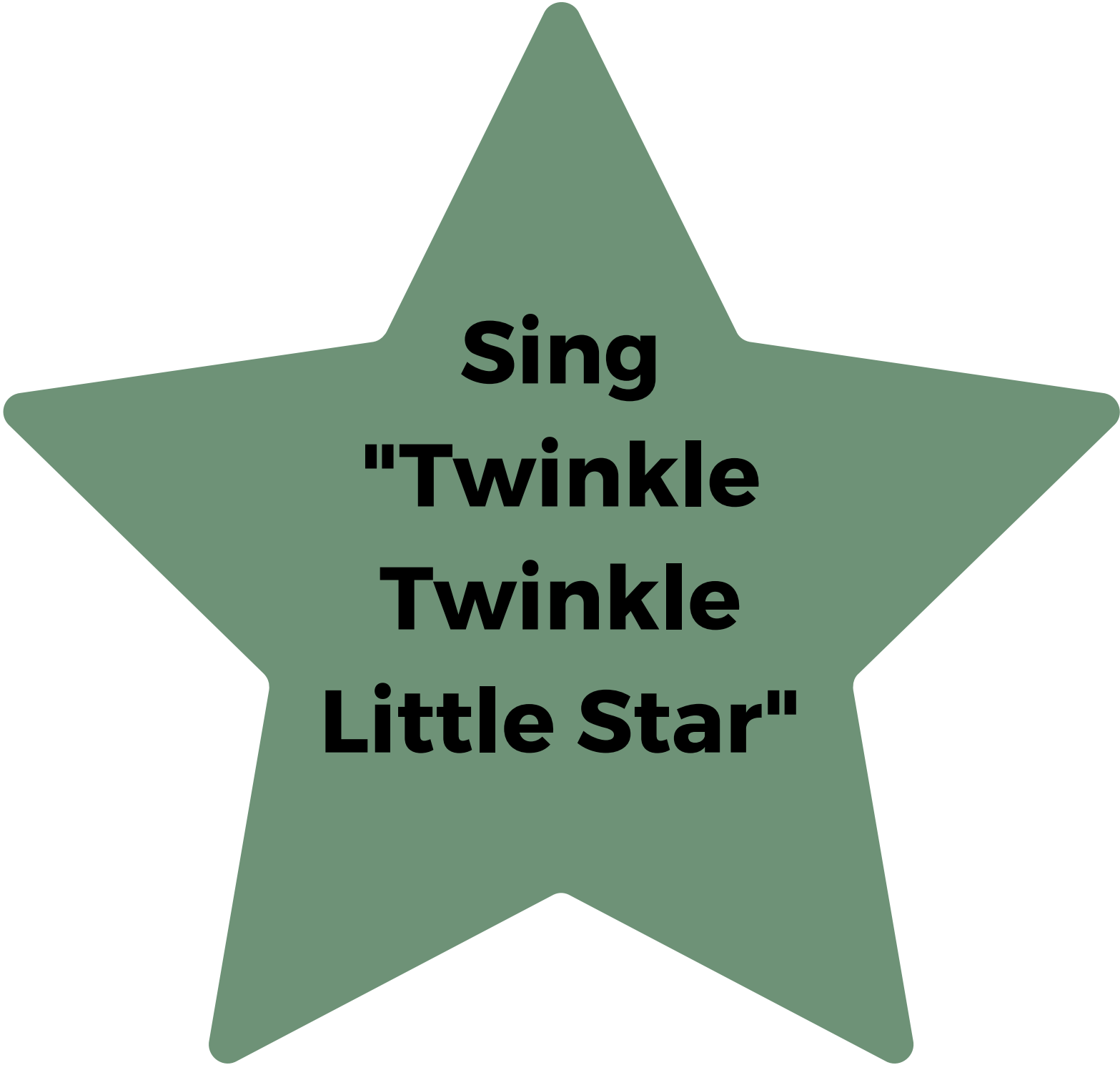
Count to 20



Count to 20



Sing
"Twinkle
Twinkle
Little Star"



**Sing
"Twinkle
Twinkle
Little Star"**